

Please note that all sizing formulas and charts that are listed below are only **general guidelines** for proper sizing of equipment. A lot of factors could cause variances from player to player including personal preference and different styles of play.

Goal Pads

An easy way to properly estimate a goaltender's size for a pair of goal pads is to take the following three measurements:

- 1) Floor to mid-point of knee cap - _____ "(A)
- 2) Mid-point of kneecap to desired height on thigh - _____ "(B)
measurement is generally 2/3s of the inseam measurement from mid-point of kneecap up. If a taller pad is desired, 3/4 of this measurement can be used
- 3) Skate size - _____ x 0.75 = _____ (C) only add up to size 10 skate as goal skate shells (cowlings) do not get larger over size 10.



The estimated size of pads would then be **(A) + (B) + (C)**. We also need goaltenders height to compare to the measurements, as it is very common for people to add to the "real" measurements and this can completely distort the required size.

Chest & Arms

Arm span (finger tip to finger tip) usually correlates directly to height. With this in mind, follow the charts below to estimate the proper size for an arm & chest protector:



Models: VP 9500, VP 7600, VP 7450 & VP 9400

Size	Height (' & ")	Arm Span (")	Height & Arm Span (cm)
Extra Small	5'0" to 5'2"	60" - 62"	152cm - 158cm
Small	5'3" to 5'5"	63" - 65"	159cm - 166cm
Medium	5'6" to 5'9"	66" - 69"	167cm - 176cm
Large	5'10" to 6'0"	70" to 72"	177cm - 184cm
X-Large	6'1" to 6'5"	73" to 77"	185cm - 196cm

Models: VP 7360, VP 7250 & VP 9200

Size	Height (' & ")	Arm Span (")	Height & Arm Span (cm)
Small	4'0" to 4'3"	48" - 51"	122cm - 130cm
Medium	4'4" to 4'7"	52" - 55"	131cm - 140cm
Large	4'8" to 4'11"	56" - 59"	141cm - 149cm
X-Large	4'11" to 5'1"	59" to 61"	150cm - 155cm
XX-Large	5'1" to 5'4"	61" to 64"	155cm - 163cm

The arm length **should not** go below wrist line. You **can** combine different size arms with a different size chest pad at **no extra charge**. (example: medium arms with a large chest)

Catch Gloves & Blockers

Age	Model
5-6 year olds	T 7150, T 7100 / B 7150, B 7100
7-9 year olds	T 9200 / B 9200
10-12 year olds	T 7250 / B 7250
Intermediate	T 7360, T 7480i / B 7360, B 7480i
Adult	T 9580, T 9500, T 7900, T 7680, T 7600, T 7450, T 7480, T 9400 / B 9500, B 7900, B 7600, B 7450, B 7480, B 9400

Goal Pants

Add approximately 8" (20cm) to your actual waist size to come up with a pant size. If you like a big fitting pant, add 10" (25cm).

Models: P 9500, P 7600, P 7450 & P 9400

Size	Actual Waist (")	Pant Waist (")	Actual Waist (cm)	Pant Waist (cm)
Extra Small	24"-26"	32"-34"	61cm-66cm	81cm-86cm
Small	28"-30"	36"-38"	71cm-76cm	91cm-97cm
Medium	32"-34"	40"-42"	81cm-86cm	102cm-107cm
Large	36"-38"	44"-46"	91cm-97cm	112cm-117cm
X-Large	40"-42"	48"-50"	102cm-107cm	122cm-127cm
XX-Large	44"-46"	52"-54"	112cm-117cm	132cm-137cm

Pant sizes for kids can **vary dramatically** from player to player as height and build (slim to stocky) can be drastically different. Please use the below chart as a **general guideline**.

Models: P 7360 & P 9200

Size	Actual Waist (")	Pant Waist (")	Actual Waist (cm)	Pant Waist (cm)
Small	20"-22"	26"-28"	51cm-56cm	66cm-71cm
Medium	24"-26"	30"-32"	61cm-66cm	76cm-81cm
Large	26"-28"	32"-34"	66cm-71cm	81cm-86cm
X-Large	28"-30"	34"-36"	71cm-76cm	86cm-91cm
XX-Large	32"-34"	38"-40"	81cm-86cm	97cm-102cm

Bags

Model	Dimensions (")	Dimensions (cm)
BG 9400	43" x 21" x 20"	109cm x 53cm x 51cm
BG 7600	43" x 21" x 20"	109cm x 53cm x 51cm
BG 7450	44" x 22" x 24"	112cm x 56cm x 61cm
BG 7360	43" x 20" x 20"	109cm x 51cm x 51cm
BG 9200	34" x 18" x 20"	86cm x 46cm x 51cm

Goal Masks

Proper fit is crucial in assuring maximum protection. Place the mask on the head so that the top edge of the face opening is approximately 1/2" above the eyebrows. The mask should fit snug without movement on the head. Self-adhesive foam pads are included and can be added to provide a secure fit. The sweatband must be securely in place while fitting and during use. The chin cup should be adjusted to be snug so as not to allow movement on the head or allow the mask to be pushed in closer to the jaw. The chinstrap must always be used and should be adjusted so that the mask cannot be displaced during play. The rear skull plate and straps should be adjusted so as to apply a slight amount of tension to achieve a secure fit. These adjustments should be checked frequently to assure a proper fit.

To determine the proper size required, measure the circumference of the head above the eyebrows. Based on the measurements, select the head protector size as indicated in the chart. Due to varying head shape, jaw width and body weight, you may find the best fit may be other than what is indicated in the chart. The product must be tried on to confirm the correct fit.

Model	Size	Head Size (mm)	Head Size (")	Head Size (hat size)
VM 7500/VM 7400 Junior	N/A	511 - 540	20-1/8 to 21-1/4	6-3/8 to 6-3/4
VM 7500	Small	550 - 568	21-5/8 to 22-3/8	6-7/8 to 7-1/8
VM 7500/VM 7400	Standard	578 - 616	22-3/4 to 24-14	7-1/4 to 7-3/4
VM 7500	X-Large	625 - 635	24-5/8 to 25	7-7/8 to 8

Model	Size	Head Size (mm)	Head Size (")	Head Size (hat size)
VM 7700	Small	521 - 540	20-1/2 to 21-1/4	6-1/2 to 6-3/4
VM 9500/VM 7700	Medium	540 - 578	21-1/4 to 22-3/4	6-3/4 to 7-1/4
VM 9500/VM 7700	Large	578 - 625	22-3/4 to 24-5/8	7-1/4 to 7-7/8